

# Todd Bender's Skeet Cheat Sheet

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<http://toddbenderintl.com/>

Station	Target	Hold	Eye Position	Lead	Foot Position		Break points
					Right	Left	
Station 1	High House	Break Point	Above Barrel	No Lead	Facing LH	Facing Out	10-15' before center stake
	Low House	10'	Window	6"-1'	Facing LH	Facing Out	15-20' past center stake
Station 2	High House	One Third	Left of Barrel	6"-1'	Facing LH	Facing HH	10-15' before center stake
	Low House	10'	Window	1.5'-2'	Facing LH	Facing HH	15-20' past center stake
Station 3	High House	One Third	10' from House	2.5'-3'	Facing LH	Facing HH	10-15' before center stake
	Low House	One Third	3' from House	3.5'-4'	Facing LH	Facing HH	15-20' past center stake
Station 4	High House	One Third	10' from House	3.5'-4'	Facing LH	Facing HH	10-15' before center stake
	Low House	One Third	3' from House	3.5'-4'	Facing LH	Facing HH	10-15' before center stake
Station 5	High House	One Third	10' from House	3.5'-4'	Facing LH	Facing HH	15-20' past center stake
	Low House	One Third	3' from House	2.5'-3'	Facing LH	Facing HH	10-15' before center stake
Station 6	High House	10'	Window	1.5'-2'	Facing LH	Facing HH	15-20' past center stake
	Low House	One Third	10' from House	6"-1'	Facing LH	Facing HH	10-15' before center stake
Station 7	High House	10'	Window	6"-1'	Facing Out	Facing HH	15-20' past center stake
	Low House	Break Point	Above Barrel	No Lead	Facing Out	Facing HH	10-15' before center stake
Station 8	High House	4'	Window	No Lead	Facing Out	Facing HH	20-25' before center stake
	Low House	4'	Window	No Lead	Facing LH	Facing Out	20-25' before center stake